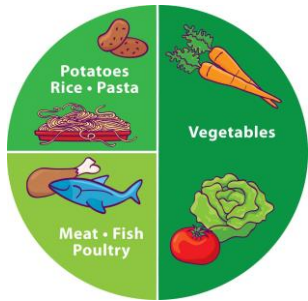


Assembly Christian's
Cafeteria

**PLEASE CALL TO
GET YOUR CHILDS
FINAL BALANCE
369-8000 EXT: 114**



Start your Day Off With a Good Breakfast






MAKE SURE YOU EAT ALL YOUR FRUITS FOR BREAKFAST!!!

Breakfast Prices MAY 10 Days
Full Pay- \$1.80 x 10 = \$18.00
Reduced .30 x 10 = \$3.00

MENU'S ARE SUBJECT TO CHANGE

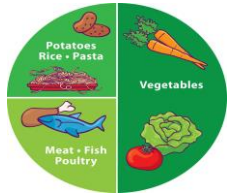
Condiments Available at Breakfast:
Syrup
Jelly

MAY BREAKFAST MENU 2017

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
Assorted Cereal WW Toast Jelly Apple Sauce Choice of Juice Choice of Milk	WG Biscuit Egg Patty Jelly Sliced Apples Choice of Juice Choice of Milk	WG Pancakes Ham Patty Syrup Sliced Peaches Choice of Juice Choice of Milk	Grits WW Toast Sausage Patty Jelly Diced Pears Choice of Juice Choice of Milk	Breakfast Pizza Mixed Fruits Choice of Juice Choice of Milk
MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
Assorted Cereal WW Toast Jelly Apple Sauce Choice of Juice Choice of Milk	WG Biscuit Ham Patty Jelly Sliced Apples Choice of Juice Choice of Milk	WG Bun Egg Patty Sliced Peaches Choice of Juice Choice of Milk	Grits WW Toast Sausage Patty Jelly Diced Pears Choice of Juice Choice of Milk	MANAGER'S CHOICE Fruits Choice of Juice Choice of Milk
MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
 <p>GOOD LUCK ON EXAMS</p> <p>HALF DAYS ENJOY YOUR SUMMER</p>		 <p>LAST DAY OF SCHOOL</p>		
MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
				
MONDAY 29	TUESDAY 30	WEDNESDAY 31	THURSDAY	FRIDAY
 <p>MAKE SURE YOU READ - READ - READ</p>			<p>Seniors Last Day May 2 PreK 3 & 4 & K Last Day May 11 (1/2 Days May 15 -18)</p>	

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Lunch Prices MAY 10 Days
Full Pay \$2.60 x 10 = \$26.00
Reduced .40 x 10 = \$4.00

LET'S SEE HOW MANY DIFFERENT COLOR
VEGETABLES YOU CAN EAT PER DAY!!!!






Our Salads are a combination of Spinach
Spring Mix (Green & Red Lettuces),
Romaine, Iceberg, Tomatoes,
Cuccumbers, Purple Cabbage & Carrots
We offer Baby Carrots everyday
Our Stack of Trim is Spinach, Tomatoes,
& Pickle Slices

The Grains we serve At Lunch are
Whole Wheat/Whole Grain.
YOU ALSO HAVE A VARIETY OF MEATS
SERVED EACH WEEK.

We serve Fruits Daily
Also 100% Fruit Juices
Condiments Available Daily:
Ranch Fat Free, Regular, Italian
Ketchup, Mustard, B.B. Que Sauce
Mayonnaise : Fat Free or Regular

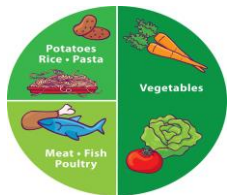
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MAY LUNCH 2017 K - 8th GRADES

<p>MONDAY 2 Chicken Nuggets Macaroni & Cheese Broccoli Green Leafy Salad Sliced Peaches WW Dinner Roll Choice of Milk</p>	<p>TUESDAY 3 Chicken Stew Brown Rice White Beans Green Leafy Salad Apple Crisp Choice of Milk</p>	<p>WEDNESDAY 4 Tunafish WW Slice Bread Chips Stack of Trim Chocolate Pudding Choice of Milk</p>	<p>THURSDAY 5 Turkey Taco Hard/Bowl Green Beans Lettuce/Tomato Cheese Cup Diced Pears Choice of Milk</p>	<p>FRIDAY 6 Cheese Pizza Corn on Cob Green Leafy Salad Pineapple Tidbits W G Cookie Choice of Milk</p>
<p>MONDAY 9 Chicken Tenders Macaroni & Cheese Yam Casserole Green Leafy Salad Sliced Peaches WW Dinner Roll Choice of Milk</p>	<p>TUESDAY 10 Pork Stew Brown Rice White Beans Green Leafy Salad Apple Sauce Choice of Milk</p>	<p>WEDNESDAY 11 Hamburger WW Bun Potatoes Stack of Trim Fruit Mix Choice of Milk</p>	<p>THURSDAY 12 WW Spaghetti Beef Meat Sauce Green Beans w/Ham Green Leafy Salad Apple Sauce WW Cinnamon Roll Choice of Milk</p>	<p>FRIDAY 13 Pepperoni Pizza Corn on Cob Green Leafy Salad Pineapple Tidbits W G Cookie Choice of Milk</p>
<p>MONDAY 16</p>	<p>TUESDAY 17</p>	<p>WEDNESDAY 18</p>	<p>THURSDAY 19</p>	<p>FRIDAY 20</p>
<p> GOOD LUCK ON EXAMS</p> <p>HALF DAYS ENJOY YOUR SUMMER</p>			<p> LAST DAY OF SCHOOL</p>	
<p>MONDAY 23</p>	<p>TUESDAY 24</p>	<p>WEDNESDAY 25</p>	<p>THURSDAY 26</p>	<p>FRIDAY 27</p>
<p></p>			<p></p>	
<p>MONDAY 30</p>	<p>TUESDAY 31</p>	<p>WEDNESDAY</p>		
<p> MAKE SURE YOU READ - READ - READ</p>			<p>Seniors Last Day May 3 PreK 3 & 4 & K Last Day May 12 (1/2 Day)</p>	

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Condiments Available Daily:
Ranch Fat Free, Regular, Italian
Ketchup, Mustard, B.B. Que Sauce
Mayonnaise : Fat Free or Regular

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MAY LUNCH 2017 9th - 12th GRADES

<p>MONDAY 2 Chicken Nuggets Macaroni & Cheese Broccoli Green Leafy Salad Sliced Peaches WW Dinner Roll Choice of Juice Choice of Milk</p>	<p>TUESDAY 3 Chicken Stew Brown Rice White Beans Green Leafy Salad Apple Crisp Choice of Juice Choice of Milk</p>	<p>WEDNESDAY 4 Tunafish WW Slice Bread Chips Stack of Trim Chocolate Pudding Choice of Juice Choice of Milk</p>	<p>THURSDAY 5 Turkey Taco Hard/Bowl Green Beans Lettuce/Tomato Cheese Cup Diced Pears Choice of Juice Choice of Milk</p>	<p>FRIDAY 6 Cheese Pizza Corn on Cob Green Leafy Salad Pineapple Tidbits W G Cookie Choice of Juice Choice of Milk</p>
<p>MONDAY 9 Chicken Tenders Macaroni & Cheese Yam Casserole Green Leafy Salad Sliced Peaches WW Dinner Roll Choice of Juice Choice of Milk</p>	<p>TUESDAY 10 Pork Stew Brown Rice White Beans Green Leafy Salad Apple Sauce Choice of Juice Choice of Milk</p>	<p>WEDNESDAY 11 Hamburger WW Bun Potatoes Stack of Trim Fruit Mix Choice of Juice Choice of Milk</p>	<p>THURSDAY 12 WW Spaghetti Beef Meat Sauce Green Beans w/Ham Green Leafy Salad Apple Sauce WW Cinnamon Roll Choice of Juice Choice of Milk</p>	<p>FRIDAY 13 Pepperoni Pizza Corn on Cob Green Leafy Salad Pineapple Tidbits W G Cookie Choice of Juice Choice of Milk</p>
<p>MONDAY 16</p>	<p>TUESDAY 17</p>	<p>WEDNESDAY 18</p>	<p>THURSDAY 19</p>	<p>FRIDAY 20</p>
<p> GOOD LUCK ON EXAMS</p>			<p> LAST DAY OF SCHOOL</p>	
<p>MONDAY 23</p>	<p>TUESDAY 24</p>	<p>WEDNESDAY 25</p>	<p>THURSDAY 26</p>	<p>FRIDAY 27</p>
<p></p>			<p></p>	
<p>MONDAY 30</p>	<p>TUESDAY 31</p>	<p>WEDNESDAY</p>		
<p> MAKE SURE YOU READ - READ - READ</p>			<p>Seniors Last Day May 3 PreK 3 & 4 & K Last Day May 12 (1/2 Day)</p>	