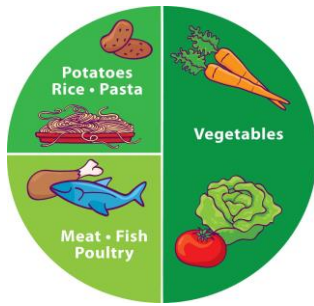


ASSEMBLY 'S
CAFETERIA
BREAKFAST
PROVIDES YOU WITH
MORE FRUITS



Start your Day Off With a Good Breakfast



MAKE SURE YOU EAT ALL YOUR FRUITS FOR BREAKFAST!!!

Breakfast Prices March 17 Days
Full Pay- \$1.75 x 17 = \$29.75
Reduced .30 x 17 = \$5.10

MENU'S ARE SUBJECT TO CHANGE

Condiments Available at Breakfast:
Syrup
Jelly

MARCH BREAKFAST MENU 2018

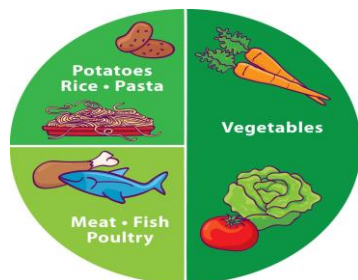
MONDAY	TUESDAY	WEDNESDAY	THURSDAY 1	FRIDAY 2
 <p>My Waivers Have Passed I can Now Serve White Grains Again</p> 				
MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9
Assorted Cereal WW Toast Jelly Apple Sauce Choice of Juice Choice of Milk	WG Biscuit Sausage Patty Jelly Fruit Choice of Juice Choice of Milk	WG Waffles Ham Patty Syrup Sliced Peaches Choice of Juice Choice of Milk	Grits WW Toast Sausage Patty Jelly Diced Pears Choice of Juice Choice of Milk	WG Waffles Egg Patty Syrup Mixed Fruits Choice of Juice Choice of Milk
MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16
Assorted Cereal WW Toast Jelly Apple Sauce Choice of Juice Choice of Milk	WG Biscuit Ham Patty Jelly Fruit Choice of Juice Choice of Milk	WG Pancakes Egg Patty Syrup Sliced Peaches Choice of Juice Choice of Milk	Grits WW Toast Ham Patty Jelly Diced Pears Choice of Juice Choice of Milk	No School Report Card Day Parent-Teacher Conference 11am-3pm
MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
Assorted Cereal WW Toast Jelly Apple Sauce Choice of Juice Choice of Milk	WG Biscuit Egg Patty Jelly Fruit Choice of Juice Choice of Milk	WG Waffles Ham Patty Syrup Sliced Peaches Choice of Juice Choice of Milk	Grits WW Toast Sausage Patty Jelly Diced Pears Choice of Juice Choice of Milk	WG Pancakes Egg Patty Syrup Mixed Fruits Choice of Juice Choice of Milk
MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30



MARCH LUNCH 2018 K - 8th GRADES

Assembly Christian's
Cafeteria

Giving The Kids What
They Asked For



Lunch Prices March 17 Days
Full Pay \$2.70 x 17 = \$45.90
Reduced .40 x 17 = \$6.80

LET'S SEE HOW MANY DIFFERENT COLOR
VEGETABLES YOU CAN EAT PER DAY!!!!

Our Salads are a combination of Spinach
Spring Mix (Green & Red Lettuces),
Romaine, Iceberg, Tomatoes,
Cucumbers, Purple Cabbage & Carrots

We offer Baby Carrots everyday
Our Stack of Trim is Spinach, Tomatoes,
& Pickle Slices

The Grains we serve are
WHITE GRAINS

YOU ALSO HAVE A VARIETY OF MEATS
SERVED EACH WEEK.

We serve Fruits Daily
Also 100% Fruit Juices

Condiments Available Daily:

Ranch Fat Free, Regular, Italian

Ketchup, Mustard, B.B. Que Sauce

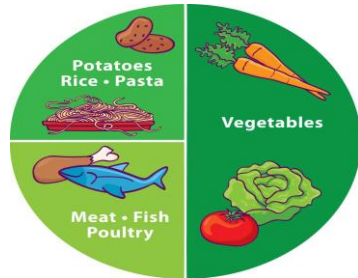
Mayonnaise : Fat Free- Reduced Calorie, or Regular

MONDAY	TUESDAY	WEDNESDAY	THURSDAY 1	FRIDAY 2
 <p>My Waivers Have Passed I can Now Serve White Grains Again</p> 			B.B. Que Riblet Corn Chips Stack of Trim Pears Cookie Choice of Milk	Fish Burger WW Bun Potatoes Stack of Trim Apple Crisp Choice of Milk
MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9
Chicken Nuggets Macaroni & Cheese Steamed Broccoli Green Leafy Salad Peaches WHITE Dinner Roll Choice of Milk	Red Beans W/Sausage WHITE Rice Cole Slaw Apple Sauce Cornbread Choice of Milk	Breaded Chicken Burger WHITE Bun Potatoes Stack of Trim Mixed Fruits Choice of Milk	B. B. Que Chicken Rice Dressing Baked Beans Green Leafy Salad Pears WHITE Garlic Bread Choice of Milk	Cheese Pizza Corn Green Leafy Salad Pineapple Tidbits Cookie
MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16
Chicken Fried Steak Smothered Potatoes W/Sausage Green Leafy Salad Peaches WHITE Dinner Roll Choice of Milk	Chicken Stew WHITE Rice White Beans W/Ham Green Leafy Salad Apple Sauce WHITE Dinner Roll Choice of Milk	Cheese Burger WW Bun Potatoes Stack of Trim Mixed Fruits Choice of Milk	Spaghetti Beef Meat Sauce Green Beans Green Leafy Salad Pears Cinnamon Roll Choice of Milk	<p style="text-align: center;">No School Report Card Day Parent-Teacher Conference 11am-3pm</p>
MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
Chicken Nuggets Macaroni & Cheese Carrots Green Leafy Salad Peaches WHITE Dinner Roll Choice of Milk	Pork Stew WHITE Rice White Beans W/Ham Green Leafy Salad Apple Sauce WHITE Dinner Roll Choice of Milk	Hamburgers Potatoes Stack Of Trim Mixed Fruits Choice of Milk	Ham Sandwich Slice Cheese Chips Stack of Trim Apples Choice of Milk	Cheese Pizza Corn Green Leafy Salad Pineapple Tidbits Cookie
MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30
<p>EASTER BREAK</p> 				

MENU'S ARE SUBJECT TO CHANGE

MARCH LUNCH 2018 9th - 12th GRADES

Assembly Christian's
Cafeteria
Giving The Kids What
They Asked For



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MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30
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