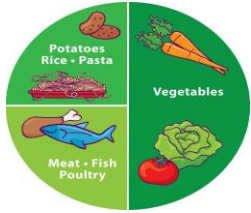


**ASSEMBLY 'S
CAFETERIA
BREAKFAST
PROVIDES YOU
WITH
MORE FRUITS**



MAKE SURE YOU EAT ALL YOUR FRUITS FOR BREAKFAST!!!

**Breakfast Prices April 20 Days
Full Pay- \$1.90 x 20 = \$38.00
Reduced .30 x 20 = \$6.00**

Start your Day Off With a Good Breakfast

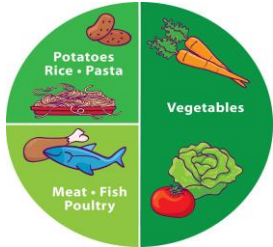
MENU'S ARE SUBJECT TO CHANGE

Condiments Available Daily:
Syrup
Jelly

APRIL BREAKFAST 2018

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
	Biscuit Ham Jelly Fresh Fruit Choice of Juice Choice of Milk	WG Waffles Sausage Patty Syrup Peaches Choice of Juice Choice of Milk	Grits WW Toast Egg Patty Jelly Pears Choice of Juice Choice of Milk	Hot Ham on Bun Mixed Fruits Choice of Juice Choice of Milk
MONDAY 9	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13
WG Assorted Cereal WW Toast Jelly Apple Sauce Choice of Juice Choice of Milk	Biscuit Sausage Patty Jelly Fresh Fruit Choice of Juice Choice of Milk	WG Waffles Egg Patty Syrup Peaches Choice of Juice Choice of Milk	Grits WW Toast Ham Jelly Pears Choice of Juice Choice of Milk	Breakfast on Stick Mixed Fruits Choice of Juice Choice of Milk
MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20
WG Assorted Cereal WW Toast Jelly Apple Sauce Choice of Juice Choice of Milk	Biscuit Egg Patty Jelly Fresh Fruit Choice of Juice Choice of Milk	WG Pancakes Ham Syrup Peaches Choice of Juice Choice of Milk	Grits WW Toast Sausage Patty Jelly Pears Choice of Juice Choice of Milk	Hot Ham on Bun Mixed Fruits Mixed Fruits Choice of Juice Choice of Milk
MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27
WG Assorted Cereal WW Toast Jelly Apple Sauce Choice of Juice Choice of Milk	Biscuit Ham Jelly Fresh Fruit Choice of Juice Choice of Milk	WG Waffles Sausage Patty Syrup Peaches Choice of Juice Choice of Milk	Grits WW Toast Egg Patty Jelly Pears Choice of Juice Choice of Milk	Breakfast Pizza Mixed Fruits Choice of Juice Choice of Milk
MONDAY 30	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG Assorted Cereal WW Toast Jelly Apple Sauce Choice of Juice Choice of Milk				

**Assembly Christian's
Cafeteria Lunches
Provide You With
More Healthier
Choices**



**Lunch Prices April 20 Days
Full Pay \$2.70 x 20 = \$54.00
Reduced .40 x 20 = \$8.00**

LET'S SEE HOW MANY DIFFERENT COLOR VEGETABLES YOU CAN EAT PER DAY!!!!

Our Salads are a combination of Spinach Spring Mix (Green & Red Lettuces), Romaine, Iceberg, Tomatoes, Cucumbers, Purple Cabbage & Carrots

We offer Baby Carrots everyday
Our Stack of Trim is Spinach, Tomatoes, & Pickle Slices

The Grains we serve At Lunch are Whole Wheat/Whole Grain.

YOU ALSO HAVE A VARIETY OF MEATS SERVED EACH WEEK.

We serve can Fruits Daily
Also 100% Fruit Juices

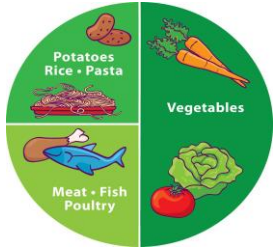
Condiments Available Daily:
Ranch , Italian & Thousand Island
Ketchup, Mustard, B.B. Que Sauce & Mayonnaise

MENU'S ARE SUBJECT TO CHANGE

APRIL LUNCH 2018 K - 8th GRADES

<p>MONDAY 2</p> 	<p>TUESDAY 3</p> <p>Red Beans W/Sausage Rice Cole Slaw Apple Sauce Cornbread</p> <p>Choice of Milk</p>	<p>WEDNESDAY 4</p> <p>Cheese Burger Bun Potatoes Stack of Trim Mixed Fruits</p> <p>Choice of Milk</p>	<p>THURSDAY 5</p> <p>Turkey Taco Soft/Bowls Shells Corn Lettuce/Tomato Pears</p> <p>Choice of Milk</p>	<p>FRIDAY 6</p> <p>Pepperoni Pizza Green Beans Green Leafy Salad Pineapple Tidbits Cookie</p> <p>Choice of Milk</p>
<p>MONDAY 9</p> <p>Chicken Strips WG Macaroni & Cheese Peas & Carrots Green Leafy Salad Peaches WW Dinner Roll</p> <p>Choice of Milk</p>	<p>TUESDAY 10</p> <p>Beef Stew Rice White Beans W/Ham Green Leafy Salad Apple Sauce Dinner Roll</p> <p>Choice of Milk</p>	<p>WEDNESDAY 11</p> <p>Hot Dog W/ Chili Nacho Chips Liquid Cheese Lettuce/Tomatoes Mixed Fruit</p> <p>Choice of Milk</p>	<p>THURSDAY 12</p> <p>WW Spaghetti Beef Meat Sauce Green Beans Green Leafy Salad Pears Cinnamon Roll</p> <p>Choice of Milk</p>	<p>FRIDAY 13</p> <p>Beef Pizza Corn Green Leafy Salad Pineapple Tidbits Cookie</p> <p>Choice of Milk</p>
<p>MONDAY 16</p> <p>Hamburger Steak Mashed Potatoes Gravy Green Leafy Salad Peaches Dinner Roll</p> <p>Choice of Milk</p>	<p>TUESDAY 17</p> <p>Chicken Stew Rice Corn Green Leafy Salad Apple Crisp Dinner Roll</p> <p>Choice of Milk</p>	<p>WEDNESDAY 18</p> <p>Hamburger Bun Potatoes Stack of Trim Mixed Fruits</p> <p>Choice of Milk</p>	<p>THURSDAY 19</p> <p>Pork & Sausage Jambalaya White Beans W/Ham Green Leafy Salad Pears Dinner Roll</p> <p>Choice of Milk</p>	<p>FRIDAY 20</p> <p>EMB Pizza Green Beans Green Leafy Salad Strawberry Cup Cookie</p> <p>Choice of Milk</p>
<p>MONDAY 23</p> <p>Chicken Nuggets WG Macaroni & Cheese Broccoli Green Leafy Salad Peaches Dinner Roll</p> <p>Choice of Milk</p>	<p>TUESDAY 24</p> <p>Pork Stew Rice Green Beans Green Leafy Salad Apple Sauce Cup WW Dinner Roll</p> <p>Choice of Milk</p>	<p>WEDNESDAY 25</p> <p>Breaded Chicken Burger Bun Potatoes Stack of Trim Fruit Jello</p> <p>Choice of Milk</p>	<p>THURSDAY 26</p> <p>B.B. Que Biblet Rice Dressing Baked Beans Green Leafy Salad Pears ww Garlic Bread</p> <p>Choice of Milk</p>	<p>FRIDAY 27</p> <p>Pepperoni Pizza Green Beans Green Leafy Salad Pineapple Tidbits Cookie</p> <p>Choice of Milk</p>
<p>MONDAY 30</p> <p>Chicken Fried Steak Mashed Potatoes Gravy Green Leafy Salad Peaches WW Dinner Roll</p> <p>Choice of Milk</p>	<p>TUESDAY</p>	<p>WEDNESDAY</p>	<p>THURSDAY</p>	<p>FRIDAY</p>

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Condiments Available Daily:
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 Ketchup, Mustard, B.B. Que Sauce &
 Mayonnaise

MENU'S ARE SUBJECT TO CHANGE

APRIL LUNCH 2018 9th-12th GRADE

MONDAY 2 	TUESDAY 3 Red Beans W/Sausage Rice Cole Slaw Apple Sauce Cornbread Choice of Milk	WEDNESDAY 4 Cheese Burger Bun Potatoes Stack of Trim Mixed Fruits Choice of Milk	THURSDAY 5 Turkey Taco Soft/Bowls Shells Corn Lettuce/Tomato Pears Choice of Milk	FRIDAY 6 Pepperoni Pizza Green Beans Green Leafy Salad Pineapple Tidbits Cookie Choice of Milk
MONDAY 9 Chicken Strips WG Macaroni & Cheese Peas & Carrots Green Leafy Salad Peaches WW Dinner Roll Choice of Milk	TUESDAY 10 Beef Stew Rice White Beans W/Ham Green Leafy Salad Apple Sauce Dinner Roll Choice of Milk	WEDNESDAY 11 Hot Dog W/ Chili Nacho Chips Liquid Cheese Lettuce/Tomatoes Mixed Fruit Choice of Milk	THURSDAY 12 WW Spaghetti Beef Meat Sauce Green Beans Green Leafy Salad Pears Cinnamon Roll Choice of Milk	FRIDAY 13 Beef Pizza Corn Green Leafy Salad Pineapple Tidbits Cookie Choice of Milk
MONDAY 16 Hamburger Steak Mashed Potatoes Gravy Green Leafy Salad Peaches Dinner Roll Choice of Milk	TUESDAY 17 Chicken Stew Rice Corn Green Leafy Salad Apple Crisp Dinner Roll Choice of Milk	WEDNESDAY 18 Hamburger Bun Potatoes Stack of Trim Mixed Fruits Choice of Milk	THURSDAY 19 Pork & Sausage Jambalaya White Beans W/Ham Green Leafy Salad Pears Dinner Roll Choice of Milk	FRIDAY 20 EMB Pizza Green Beans Green Leafy Salad Strawberry Cup Cookie Choice of Milk
MONDAY 23 Chicken Nuggets WG Macaroni & Cheese Broccoli Green Leafy Salad Peaches Dinner Roll Choice of Milk	TUESDAY 24 Pork Stew Rice Green Beans Green Leafy Salad Apple Sauce Cup WW Dinner Roll Choice of Milk	WEDNESDAY 25 Breaded Chicken Burger Bun Potatoes Stack of Trim Fruit Jello Choice of Milk	THURSDAY 26 B.B. Que Biblet Rice Dressing Baked Beans Green Leafy Salad Pears ww Garlic Bread Choice of Milk	FRIDAY 27 Pepperoni Pizza Green Beans Green Leafy Salad Pineapple Tidbits Cookie Choice of Milk
MONDAY 30 Chicken Fried Steak Mashed Potatoes Gravy Green Leafy Salad Peaches WW Dinner Roll Choice of Milk	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY