

**ACADIANA CHRISTIAN SCHOOL/CHILD NUTRITION PROGRAM  
DIET PRESCRIPTION FOR MEALS AT SCHOOL  
TO BE COMPLETED BY A LICENSED PRESCRIBER**

Student's Name \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone: (\_\_\_\_) \_\_\_\_\_  
(Street, City, State, Zip Code)

**List disability/medical conditions that require special dietary modifications:**

\_\_\_\_\_  
\_\_\_\_\_

**DIET PRESCRIPTION: (Check or complete all that apply)**

**Diabetic:**

Carb Counting(gms): \_\_\_\_\_ Breakfast \_\_\_\_\_ AM Snack \_\_\_\_\_ Lunch \_\_\_\_\_ PM Snack

**Texture Modification:**

\_\_\_\_\_ Chopped(circle) Fine or Bite Size \_\_\_\_\_ Ground \_\_\_\_\_ Pureed \_\_\_\_\_ Liquefied

**Fluid Consistency:**

Specify: \_\_\_\_\_

\_\_\_\_\_ Hypoglycemic \_\_\_\_\_ No Concentrated Sweets \_\_\_\_\_ Increased kcal \_\_\_\_\_ #kcal

Decreased kcal \_\_\_\_\_ #kcal

**OTHER:** \_\_\_\_\_

**Tube Feeding: Formula/Rate/Schedule** \_\_\_\_\_

**FOOD INTOLERANCE:**

Level I- Eliminate intolerable food only

\_\_\_ Milk(fluid form)--cheese/yogurt allowed

Substitute: \_\_\_ Juice \_\_\_ Water

\_\_\_ Milk and Dairy Products(no cheese/yogurt)

\_\_\_ Eggs

\_\_\_ Wheat(breaded products OK) \_\_\_ Soy

\_\_\_ Allowed to have products w/<2% soy content

**FOOD ALLERGY:**

Level II- Eliminate products w. food allergen

\_\_\_ Milk \_\_\_ Eggs \_\_\_ Fish(fin)

\_\_\_ Shellfish \_\_\_ Tree Nuts \_\_\_ Peanuts

\_\_\_ Wheat \_\_\_ Soy

Other \_\_\_\_\_

Specific food that can be substituted: (list)

\_\_\_\_\_

I certify that the above named student needs special school meals prepared as described above because of the student's disability or chronic medical condition.

Date: \_\_\_\_\_

Office Address and Phone Number: \_\_\_\_\_

Licensed Physician/Nurse Practitioner/ Physician's Assistant Signature: \_\_\_\_\_